



Thank you for joining the PNA! We appreciate your support and would like to know more about you and your interests. If you have any questions, please call us at (206) 783-2244 or email crystal@phinneycenter.org.

Membership name(s) _____

I want to receive the PNA monthly newsletter by Email US mail and PNA event update emails yes no.

Email address(s) _____

Employer(s) (this helps us with matching funds and grant applications) _____

Check here for additional information about PNA activities and programs.

If two people share a form, please use initials to indicate your interests.

- | | |
|--|--|
| <input type="checkbox"/> Dinners for Eight (neighborhood potlucks) | <input type="checkbox"/> Preschool Cooperatives (infants-five year olds) |
| <input type="checkbox"/> PNA Classes | <input type="checkbox"/> Well Home (classes, tool library, referrals) |
| <input type="checkbox"/> PNA Kids! Preschool & Elementary Program | |

Additional information needed for Greenwood Senior Center participants

Birth Date(s) _____

Emergency Contact(s) _____ Relationship(s) _____

Telephone(s) _____

Check here for additional information about GSC program and activities.

If two people share a form, please use initials to indicate your interests.

- | | | |
|--|---|--|
| <input type="checkbox"/> Art/Writing/Music | <input type="checkbox"/> Fitness | <input type="checkbox"/> Wellness (Health) |
| <input type="checkbox"/> Computer Classes | <input type="checkbox"/> Social Services/Support Groups | |
| <input type="checkbox"/> Cooking/Nutrition | <input type="checkbox"/> Trips and Outings | |

Other _____

I would like to receive the quarterly GSC Highlights (mail only) yes no

Volunteer opportunities are listed on the back of this sheet. Please indicate your interests there.

Please return completed form to:
 Phinney Neighborhood Association
 6532 Phinney Ave N, Seattle WA 98103

Attn: Membership

PNA Volunteer Opportunities

Volunteering is an ideal way to meet people and get involved. Whether you have a few hours or many to donate, your time makes a difference! Please check the areas which interest you.

If two people share a form, please use initials to indicate who is interested.

What is your availability/preferred time for volunteering? _____ Weekdays _____ Evenings _____ Weekends

Does your employer offer a program to match your volunteer hours or otherwise support organizations for which you volunteer? If so, what form does it take? _____

Volunteer Opportunities at the Phinney Neighborhood Center (PNC)

Committees usually meet monthly on an ongoing basis:

- | | |
|-----------------------------------|------------------|
| _____ PNA Board of Directors | _____ Marketing |
| _____ Facilities/Site Development | _____ Membership |
| _____ Fundraising | |

Events need volunteers to plan/organize or help during the event (usually for 2-3 hour shifts):

- | | |
|--|----------------------------------|
| _____ General Event Support | _____ Home Design & Remodel Fair |
| _____ Annual Meeting/Pancake Breakfast | _____ Home & Garden Tour |
| _____ Auction | _____ Mystery Book Exchanges |
| _____ Beer Taste | _____ Wine Taste |
| _____ Dia de los Muertos | _____ Winter Festival |

Programs are powered by volunteers:

- | | |
|--|--|
| _____ Phinney Center Art Gallery | _____ PNAAction Shelter Food (Sat/Sun) |
| _____ Education Program/Classes | _____ Soup Kitchen (Mon/Tue/Wed) |
| _____ PNA Kids! Preschool & Elementary | _____ Well Home Program Tool Library |

Volunteer Opportunities at the Greenwood Senior Center (GSC)

Volunteers of all ages can get involved in supporting GSC events and programs!

- | | |
|-----------------------------------|-----------------------------|
| _____ GSC Board of Directors | _____ Kitchen Help |
| _____ GSC Committees | _____ Luncheons and dinners |
| _____ Bingo/Karaoke Night | _____ Office/Reception |
| _____ Community Technology Center | _____ Outreach |
| _____ General Event Support | _____ Teaching classes |
| | _____ Wellness Activities |

Other _____

Do you have skills or energy to share in these areas?
You may be contacted by PNC or GSC staff to provide support.

- | | | |
|-------------------------------|---------------------------------|-------------------------|
| _____ clerical/office support | _____ graphic design | _____ truck |
| _____ telephoning | _____ photography | _____ carpentry/repairs |
| _____ baking | _____ writing | _____ painting |
| _____ tech/computer support | _____ flyer/poster distribution | _____ gardening |