

February 2024**Greenwood Senior Center****(206) 297-0875**

Meals are prepared from scratch daily. Lunch is served at 12:00 p.m. To help ensure lunch availability for all GSC Community Dining participants, please call or sign-up BEFORE 11:00 a.m. each day of service. Meals are subject to change without notice. A vegetarian option is available with 1 hr advance notice.

			1	2
			Gnocchi (Potato Dumplings) baked with Ham and Vegetables Garden Salad Fresh Fruit Dessert	Turkey Paella with Veggies Green Salad Fresh Fruit Dessert
5	6	7	8	9
Homemade Meatloaf Sautéed Veggies Mashed Potatoes Garden Salad Fresh Fruit Dessert	SOUP & SALAD TUESDAY Cream of Mushroom Soup Garden Salad Cookie	Turkey Meatballs Penne Pasta with Tomato Basil Sauce Garlic Bread Garden Salad Fresh Fruit Dessert	Roasted Vegetable Frittata Fried Potatoes Garden Salad Fresh Fruit Dessert	Lunar New Year Celebration Roast Duck with Chinese Steamed Buns Stir-Fried Chinese Vegetables Egg Roll Tangerine Fortune Cookie
12	13	14	15	16
Turkey Noodle Soup with Veggies Garden Salad Biscuit Fresh Fruit Dessert	SANDWICH & SALAD TUESDAY Egg Salad Sandwich Garden Salad Cookie	Fredrick Douglass' Birthday Black-Eyed Pea Soup with Ham and Carrots Corn Bread Garden Salad Fresh Fruit Dessert	Stuffed Bell Peppers Sautéed Mixed Veggies Garden Salad Biscuit Fresh Fruit Dessert	Baked Salmon with Pecans Sautéed Veggies Garden Salad Roll Fresh Fruit Dessert
19	20	21	22	23
CLOSED FOR HOLIDAY	SOUP & SALAD TUESDAY Homemade Potato Soup with Ham Garden Salad Cookie	Cold Sliced Ham Scalloped Potatoes with Spinach Garden Salad Fresh Fruit Dessert	Baked Ramen Casserole with Turkey and Veggies Garden Salad Fresh Fruit Dessert	Shrimp Fried Rice Stir-Fried Chinese Vegetables BBQ Pork Tangerine Fortune Cookie
26	27	28	29	
Spaghetti with Meat and Mushroom Sauce Garden Salad Garlic Bread Fresh Fruit Dessert	SANDWICH & SALAD TUESDAY Salmon Spread Sandwich Garden Salad Cookie	Ham Bone Cassoulet with Carrots Cornbread Green Salad Fresh Fruit Dessert	Sweet Potato Stew with Carrots and Ham Garden Salad Fresh Fruit Artisan Bread Dessert	