

March 2024**Greenwood Senior Center****(206) 297-0875**

Meals are prepared from scratch daily. Lunch is served at 12:00 p.m. To help ensure lunch availability for all GSC Community Dining participants, please call or sign-up BEFORE 11:00 a.m. each day of service. Meals are subject to change without notice. A vegetarian option is available with 1 hr advance notice.

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				French Onion Chicken Roasted Potatoes with Rosemary Sautéed Veggies Fresh Fruit Dessert
4	5	6	7	8
Roasted Turkey Sage Dressing Mashed Potatoes and Gravy Sautéed Mixed Veggies Garden Salad Fresh Fruit Dessert	SANDWICH & SALAD TUESDAY Egg Salad Sandwich Garden Salad Cookie	Beef Tomato Chow Mein Egg Roll Stir-Fried Mixed Chinese Veggies Tangerine Fortune Cookie	Soup-A-Palooza Choice of: <Beef Stew <Potato Soup with Ham and Peas <Seafood Chowder Garden Salad Fresh Fruit Dessert	Scalloped Potatoes with Ham and Spinach Garden Salad Fresh Fruit Dessert
11	12	13	14	15
Ham Bone Cassoulet with Carrots Cornbread Green Salad Fresh Fruit Dessert	SOUP & SALAD TUESDAY Homemade Turkey Noodle Soup Garden Salad Cookie	Open-Faced Hot Turkey Sandwich Mashed Potatoes and Gravy Sautéed Mixed Veggies Garden Salad Fresh Fruit Dessert	Baked Ramen Casserole with Ham and Veggies Garden Salad Fresh Fruit Dessert	HAPPY ST. PATRICK'S DAY Corned Beef Cabbage Herbed Root Veggies Fresh Fruit Dessert
18	19	20	21	22
Roasted Vegetable Frittata Fried Potatoes Garden Salad Fresh Fruit Dessert	SANDWICH & SALAD TUESDAY Salmon Spread Sandwich Garden Salad Cookie	Oven Baked Chicken Mashed Potatoes and Gravy Sautéed Veggies Fresh Fruit Dessert	BBQ Pork Spare Ribs Macaroni Salad Sautéed Mixed Veggies Fresh Fruit Dessert	Chinese Roast Chicken Fried Rice Stir-Fried Veggies Almond Jell-O with Fruit Cocktail Fortune Cookie
25	26	27	28	29
Turkey Meatballs Penne Pasta with Tomato Basil Sauce Garlic Bread Garden Salad Fresh Fruit Dessert	SOUP & SALAD TUESDAY Homemade Cream of Mushroom Soup Garden Salad Cookie	Stuffed Bell Peppers Macaroni and Cheese Sautéed Mixed Veggies Garden Salad Fresh Fruit Dessert	Cornish Game Hen with Sherry, mushroom cream sauce Sautéed Veggies Garden Salad Roll Fresh Fruit Dessert	Baked Salmon with Pecans Sautéed Veggies Garden Salad Roll Fresh Fruit Dessert