



Events

FOR DETAILS & MORE EVENTS

- Visit phinneycenter.org/calendar
- Pick up *The Review* at the Phinney Center or Greenwood Senior Center or visit phinneycenter.org/review

JANUARY EVENTS

F 1/4 – First Friday Film: *My Afternoons with Marguerite*

1-3 pm. GSC. Free.

W 1/9 – Rent Smart! Tenants Rights Workshop

1-2 pm. GSC. Free.

This workshop from Solid Ground is for both current & future renters. Learn how to find affordable housing and navigate screening criteria; know and assert your rights as tenants; protect yourself from eviction and housing loss; learn how to get deposits back and repairs made. Register: 206.297.0875.

F 1/11– Clothes Swap

1-3 pm. GSC. Free.

Clothes swaps are an environmentally and budget friendly way to clear out your closets of outfits you don't wear, while spending nothing for new clothes! Plus, it's a fun way to spend an afternoon! Bring between 3-10 pieces of clothing or accessories in good condition by 12pm for sorting before the event. We'll have treats, but feel free to bring some more to share. RSVP: 206.297.0875.

F 1/11– Tea, Treats and PNA Orientation

6:30-7:30 pm. PC Blue Building. Free.

Whether you're a new member or have been a member for decades, this is a great opportunity to learn what's going on at the PNA and how you can get involved. Not a member? Come learn what we're all about. Kids welcome, we suggest bringing an activity for your child. 30-minute presentation followed by Q&A. RSVP is helpful but not required - contact Alex at alexg@phinneycenter.org or 206.783.2244

Sa 1/12– Phinney Neighborhood Preschool Co-Op's Dragon Room Open House for Three's and Pre-K

1-3 pm. PC Brick Building, Lower floor.

Go to phinneycenter.org/pnpc/news/ for details and to learn about the preschool.

W 1/16 – Ask the Organizer

1-2 pm. GSC. Free.

Fifty-two percent of Americans describe their home as being cluttered. Are you one of them? Or would you simply like to be more organized? Join Organizing & Productivity Coach Ellia Harris to learn the basic principles of de-cluttering and organizing. You'll leave with tips for simple ways to improve your home organization, and lots of inspiration! This session is especially appropriate if you are recently retired, planning on moving, or your home has become the 'repository' for your family's memorabilia or overflow. RSVP: 206.297.0875.

F 1/18– Animal Communicator Talk

1-2 pm. GSC. Free.

Animal Communication is speaking with animals telepathically, a system of sending and receiving impressions. Animal Communicator Debbie Vaughn will talk about her experiences as an Animal Communicator, share stories from animals and answer your questions. RSVP: 206.297.0875.

Sa 1/19 – Ballard Preschool Co-op Open House for Fall 2019-2020

10 am. 7503 18th Ave NW. Free.

Please RSVP at bit.ly/bpcopen to learn about our classes for infants through Pre-K! Learn about BPC at phinneycenter.org/bpc. If you have any questions, please contact the registrar at bpc.registrar@gmail.com.

W 1/23 - Business Lunch and Learn: Taxes and Accounting with Rain City CPA

12-1:30 pm. The Park Public House, 6114 Phinney Ave N. Free for current PNA Business Members, \$10 non-members.

Lunchtime presentation with Jordie Neth from Rain City CPA. This is a great way to get motivated to start early on your annual obligations with the IRS, gain valuable insights and have your burning questions answered. Please RSVP here: phinneycenter.org/calendar/business-lunch-learn-jan19/

W 1/23– “Me Too” Discussion

1-3 pm. GSC. Free.

Using humor, compassion, and critical thinking skills, this discussion for women will explore current affairs and the “Me Too” movement through the lens of our experiences. Led by Denise Malm, Wallingford Senior Center social worker.

W 1/23– Arthritis and Joint Protection Talk

1-2 pm. GSC. Free.

Jeremy Domina, MS, OTR/L, Hand Therapist with our neighbors at Integrated Rehabilitation Group, will discuss prevention treatment and self-care for arthritis in the hands. Questions welcomed. RSVP: 206.297.0875.

F 1/25 – Blood Drive

1-7 pm. PC Blue Building, Room 2.

Save up to three lives! Schedule online at schedule.bloodworksnw.org or just drop in. (Note: Closed 3-4 pm)

F 1/25 – July in January Bingo Karaoke

7-10 pm. GSC. \$10/PNA Members, \$17/ Public, + \$5 gambling fee. 21+

February Bingo will be Fri, 2/22. Advance tickets go on sale Fri, 1/11 at 8 pm. phinneycenter.org/bingo.

Sa 1/26 – Pancake Breakfast & Annual Meeting

Breakfast served 9-9:45 am, meeting starts 9:45 am. PC Brick Building. Free.

Join us to celebrate the success of 2018 and elect our 2019 PNA Board of Directors. To volunteer, contact Alex at 206.783.2244 or alexg@phinneycenter.org.

Sa 1/26 – PNA Village Volunteer Training

10-12 pm. GSC. Free.

Would you like to help your neighbors remain in their homes and stay active in their community as they age? PNA Village volunteers help with rides, help in and around the home, and provide social interaction. Volunteering is flexible and rewarding! To attend this training, contact us at 206-789-1217 or village@phinneycenter.org.

W 1/30– Jazz Concert with the Jane Addams Middle School Jazz Band

2-3 pm. GSC. Free.

Join this award-winning the 23-piece jazz band for a wonderful afternoon of music. RSVP: 206.297.0875.

Th 1/31 – Square Dance with Parks and Recreation

6:30-7 pm warm up, 7-9 pm dance. GSC. \$10 at the door.

Come out for a fun and fabulous night of dancing! Whether you do-si-do or not, there is no excuse not to come! No partners or experience required. There will be a learning session from 6:30-7pm, with experienced partners to help you out. All you need to do is show up and have fun. Questions: 206.297.0875.

SAVE THE DATES

Sa 2/2–King Co. Seed Library Seed Swap

Sa 2/2–Open House for PCPE, PNA's Spanish Language Preschool Co-op

Sa 2/9 – Neighbor Day

Sa 2/9 – Open House for Phinney Neighborhood Preschool Co-op's Red Room (Parent/Infant, Toddlers, Two's, and Multi-Age classes)

Th 2/14 – College Admissions Seminar

Sa 2/23 – PNA Wine Taste

WEEKLY GROUPS & EVENTS

MONDAYS: Spanish Conversation I & II:

Advanced 6-7 pm, intermediate 7-8 pm. PC Blue Building, Teachers Lounge. \$25/mo. 1st night free! No class 1/21

TUESDAYS: Voluntary Simplicity Group

HomeStreet Bank, 7307 Greenwood. Free. phinneycenter.org/calendar/voluntary-simplicity/.

WEDNESDAYS: Understanding Happiness

HomeStreet Bank, 7307 Greenwood. 10-11:30 am. Free. phinneycenter.org/understanding-happiness/.

THURSDAYS: Phinney Friends Crochet & Knit Group.

10 am-12 pm. PC Blue Building, Rm 6. Free.

FRIDAYS: Bridge Group

7-10 pm. PC Blue Building, Rm 2. Free.

Emerald City Contra Dances

7:30-10 pm. PC Brick Building. seattledance.org/contra/emeraldcity.

SATURDAYS: Community Conversation

9 am-10:30 am (drop in). Couth Buzzard Books. phinneycenter.org/calendar/community-conversation/.

Seattle Folklore Society Concerts

7:30 pm. PC Brick Building. Prices vary. For concert line-up and tickets, visit: seafolklore.org/wp/concerts

MONTHLY GROUPS & EVENTS

W 1/2 – Fixers Collective

6-8 pm. 1st Wednesdays. Greenwood Hardware. Free. BYO broken thing. (You can't break what's already broken!) phinneycenter.org/tools/fixers

Su 1/13 – Seattle Song Circle

7-10 pm. 2nd Sundays. GSC. Free. seafolklore.org/wp/about-sfs/seattle-song-circle/

For community meetings, visit phinneycenter.org/groups

BOOK GROUPS

See phinneycenter.org/bookclub for book picks for upcoming months. All are welcome!

Tu 1/8 – GSC Book Discussion Group

12:30-2:30 pm. GSC. Free. *Gilead* by Marilynne Robinson

Tu 1/8 – 2nd Tuesday Book Club

7-8 pm. PC Blue Building. Free. *Sunshine State* by Sarah Gerard

W 1/9 – 2nd Wednesday Book Club

7 pm. PC Blue Building. Free. *My Beloved World* by Sonia Sotomayor

PNA Newsletter

Volume 40 Issue 1, January 2019

LOCATIONS & REGISTRATION

For more details or to register for events and classes, visit our online calendar at phinneycenter.org/calendar or call:


Phinney Center (PC)

6532 Phinney Ave N, Seattle, WA 98103
206.783.2244 . pna@phinneycenter.org

Greenwood Senior Center (GSC)

525 N 85th St, Seattle, WA 98103
206.297.0875 . gsc@phinneycenter.org

 PhinneyNeighborhoodAssociation

 [phinneyneighborhoodassociation](https://www.instagram.com/phinneyneighborhoodassociation)

 phinneycenter.org

TOOL & SEED LIBRARY HOURS

Wednesdays: 3-6:30 pm

Fridays: 5-7 pm

Saturdays: 9 am-2 pm.

Info & inventory: phinneycenter.org/tools

Location: PC Brick Building, Dayton Ave entrance (6615 Dayton Ave N).

BUSINESS MEMBER DIRECTORY

Support the businesses that support our community! This new year, when you need a workout place, a wedding photographer, or a wax, check out the PNA Business Member Directory at phinneycenter.org/directory.

The Phinney Center and the Greenwood Senior Center will be closed Mon, Jan. 21

VOLUNTEER OPPORTUNITIES

Pancake Flippers & Table Movers. Help set up and serve up breakfast at our Annual Meeting Pancake Breakfast on Sat. Jan. 26. Shifts & sign up: phinneycenter.org/volunteer

Pick Up Artist. Have a vehicle (ideally a truck, crossover or minivan)? Pick up food donations in South Park a couple times a month for our Hot Meal Program and deliver to a Phinney Ridge church. Alternate with another volunteer. Minimum 6 month commitment requested.

Monkey Wranglers. Help put the holiday monkeys in hibernation for the year on Jan 3, 3-4:30 pm and Jan 4, from 11 am-4 pm (2-hour shifts). If you're interested, please email chardell@phinneycenter.org.

SAVE A TREE
SWITCH TO EMAIL!
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or email
pna@phinneycenter.org
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Classes

FOR DETAILS & MORE CLASSES

- Visit phinneycenter.org/classes
- Pick up *The Review* at the Phinney Center or Greenwood Senior Center or visit phinneycenter.org/review

Th 1/10 – Harnessing Your Creativity

10:30-11:30 am. GSC. Free.

Listen to Tim Lundquist's story about how his Parkinson's diagnosis made him reconnect with his artistic self. His storytelling, cartooning and performance skills, teaching, and essential message combine for an entertaining and interactive experience. Tim will help you take action steps to nurturing creativity and to build your own roadmap to a happier, more purposeful life. RSVP: 206.297.0875.

Fr 1/18–Infant/Child/Adult CPR

7-8:30 pm. PC Blue Building, Room 6.
\$15 PNA Member/\$20 Public.

Certificates issued at end of class. Register: phinneycenter.org/calendar/infantchild-cpr-jan2019/.

Sa 1/19–CPR/First Aid/HIV Certification

9 am-12:30 pm. PC Blue Building,
Room 6. \$35 PNA Member/\$45 Public.

Meets L/I WISHA-WAC safety standards. Certificates issued at end of class. Register: phinneycenter.org/calendar/cpr-1-19-19/.

F 1/25–Collage For Wellbeing

9 am-12 pm. GSC. Free.

Access your own inherent wisdom and guidance. Tap into your intuitive side, then create a mixed-media collage that reveals

your inner wisdom. You will have the opportunity to journal about and share your creation with others. No artistic experience needed! Register: 206.297.0875.

Th 1/31–How to Help a Grieving Friend

10:30 am-12 pm. GSC. Free.

Join GSC Social Worker Carin Mack as she shares ground rules for providing support for friends and family who are experiencing loss. RSVP: 206.297.0875.

Th 1/31–Designing Backyard Cottages

7-9 pm. PC Blue Building, Rm 6.
\$15/PNA Member, \$25/Public.

Thinking of creating a backyard cottage? Check out this expanded class on the why, what, where and how of building a DADU (detached accessory dwelling unit) taught by Sheri Newbold of live-work-play. Are your neighbors thinking of building a DADU as well? Does it make sense to collaborate with them to create an economy of scale? Bring them along! Register: phinneycenter.org/calendar/backyard-cottages-1-31-19/.

UPCOMING CLASSES

F 2/1 – Infant/Child/Adult CPR

Sa 2/2 – CPR/First Aid/HIV Certification

Sa 2/2 – Babysitter Training

Sa 2/9 – Mental Health First Aid

News

Call for Art - opens Jan 15

All members of the community are invited to apply to the Phinney Center Gallery's March show "Bridging the Gap—Art that Brings us Together." Show and application details at phinneycenter.org/arts.



Phinney Neighborhood Association
6532 Phinney Ave N
Seattle WA 98103
Community Begins Here
PNA

Winter Festival breaks the record!

Thanks to the 6,400+ folks who came to Winter Festival to shop, volunteer, or sell fabulous goods. It was the biggest one ever (that won't surprise any of you who were here on Saturday). The event raised an awesome \$64,301 to support PNA programming!

Attendees also donated 2,091 pounds of food for the FamilyWorks Food Bank, which is an amazing 628 pounds more than last year!

Big thanks to our sponsors and in-kind donors: Fred Meyer, Red Mill Burgers, Weisbarth and Associates, Woodland Park Zoo, Jamie Flaxman Real Estate, Figurehead Brewing, Ken's Market, La Marzocco, Sandy Nelson Design, Starbucks, and Treveri Cellars.

We'd love your feedback, thoughts, and ideas about the event! Email jessieh@phinneycenter.org. Save the date for 2019—December 7 and 8. Hope to see you there!

Help shape our programs!

Community Wood Shop. Do you love to spend your time creating beautiful or practical pieces out of wood? Is your favorite TV show *New Yankee Workshop*? Do you want to get more involved with your community and help others with their creativity? If you said yes to one of those questions, we need you to help us plan the first volunteer-run PNA Wood Shop. Learn more at phinneycenter.org/woodshop, and email Krissie Dillin at krissied@phinneycenter.org if you're interested.

Phinney Center Gallery. Are you an artist? Do you love art of all kinds? We need community members with a knowledge and love of art to help plan and execute quarterly art shows. Interested? Visit phinneycenter.org/arts to learn more. We are also looking for artists to serve as jurors for our 2019 art shows. Contact Polly Freeman at pollyf@phinneycenter.org.