



Events

FOR DETAILS & MORE EVENTS

- Visit phinneycenter.org/events
- Pick up *The Review* at the Phinney Center or Greenwood Senior Center or visit phinneycenter.org/review

AUGUST EVENTS

F 8/2 – Su 8/18 – 14th Annual Gumshoe 5K Detective Walk

Anytime! (Daylight hours suggested)
Neighborhood. \$20/entry, \$15/entry if two+ are purchased at once.

Solve the 30 clues that guide you through a 3.1 mile neighborhood walk. Find out everything you need to know at DoTheGumshoe.org, including last year's clues and answers—a great way to get a feel for the event. Get entry forms at Ken's Market, the Phinney Center, or Couth Buzzard Books starting Friday, Aug. 2. Turn in your form by 6 pm Aug. 18 to be entered to win one of ten \$100 gift cards to neighborhood businesses. Proceeds benefit Greenwood Senior Center, Greenwood Elementary School PTA, and Phinney Ridge Lutheran Church Food Bank.

F 8/2 – First Friday Film: *Kubo and the Two Strings* (2016)

1 pm. GSC. Free. RSVP: 206.297.0875.

F 8/2 – PNA Merchandise at the Farmers Market!

3:30-7:30 pm. PC Upper Lot. Prices vary.

Visit the PNA booth at the Farmers Market to get your very own t-shirt, hoodie, magnet, or tote bag. Join or renew your membership on August 2nd (at the booth, or bring your receipt if you renew online or at our front desk) and get \$15 off PNA merchandise. Already a member? Extend your membership by an extra year to get this great deal!

F 8/2 – Zucchini 500!

4-6 pm. Free. Phinney Farmers Market. Donations happily accepted

One of the only events in Seattle where playing with your food is a requirement, the event features zucchini roadsters handcrafted by young racers complete wheels and fabulous decorations. Kids of all ages are invited to create their very own vegetable vehicle to send down the racing ramp. All materials are supplied by the farmers markets and farmers

W 8/7 – Beyond Genealogy: Imagining Your Ancestors' Lives

11 am-12 pm. GSC. Free.

Your family tree gives you a list of names, dates and places, but doesn't really fill in the whole picture. Explore how you can use research, timelines and history to create stories of what your own ancestors may have experienced. Feel free to bring family tree information. Register: 206.297.0875.

W 8/7 – Michelangelo and the Art of the Sistine Chapel

1-2 pm. GSC. Free.

Painted by Michelangelo and considered by many art historians to be the pinnacle of achievement in Western Art, the Sistine Chapel is world-renowned. Learn about some familiar—and not so familiar—images from this artistic masterpiece. RSVP: 206.297.0875.

F 8/9 – Late Summer Blood Drive

1 pm- 7 pm (closed 3-4). PC Blue Building.

Save up to three lives! Schedule at bloodworksnw.org or just drop in.

F 8/9 – Summertime Celebration Luncheon

12 pm. GSC. \$5.

Enjoy the tastes of summer and fantastic entertainment at this guaranteed-to-be-fun luncheon. RSVP: 206.297.0875.

F 8/9 – Farmers Market Happy Hour

4-7 pm. Free entry / Drinks \$5. 21+

Sip to support your local farmers with all proceeds benefiting the Good Farmer Fund and the longevity of the Phinney Farmers Market. Each \$5 drink ticket doubles as a raffle entry for two lucky winners to receive \$50 in farm bucks.

Tu 8/13 – Current Global Events Group: Our War in/on Yemen

12:45-2 pm. GSC. Free.

How does US policy help in the mass murder of civilians in SW Asia? Prior research encouraged; one article will be available at the GSC front desk. Additional articles, maps, and other citations invited. RSVP: 206.297.0875.

Th 8/15 – Square Dance with Parks and Recreation

6:30-7 pm warm up, 7-9 pm dance.
GSC. \$10 at the door.

Come out for a fun and fabulous night of dancing! No partners or experience required. Learning session from 6:30-7 pm, with experienced partners to help you out. All you need to do is show up and have fun. LGBTQ friendly. Questions: 206.297.0875.

Th 8/15 – PNA Village Volunteer Training

10-12 pm. GSC. Free.

Village volunteering is flexible, easy, and matched to your interests. Help your neighbors remain in their homes and stay active in their community as they age by providing rides or helping around the home. To attend, contact village@phinneycenter.org or 206-789-1217.

Su 8/18 – Procrastishoe

3 pm. Meet at Phinney Center.
\$20/entry, \$15/entry if 2+ are purchased at once

Join other last-minute Gumshoes with the Gumshoe Answer Man following behind giving hints when you get stuck. You'll be done in time to turn in your entry form before the event wraps at 6 pm.

Th 8/22 – Recompose Talk

10-11 am. GSC. Free.

Washington State recently became the first in the nation to allow composting as an alternative to cremation and traditional burial. Katrina Spade, founder and CEO of benefit corporation Recompose, will talk about the benefits of the system she calls "recomposition"—which gently converts human remains into soil, so that we can nourish new life after we die. Come learn more about this new, environmentally friendly option for death care. RSVP: 206.297.0875.

F 8/23 – Junior Sous Cooking Demo

4-6 pm. Phinney Farmers Market. Free.

Want to get your littles into the kitchen? Stop by the Junior Sous Cooking Demonstration and see how fun and easy it can be for your kids to enjoy their time in the kitchen. Learn about Junior Sous Cooking Classes for Young Chefs and offer your child a unique cooking class experience. Afterward, pick up your ingredients for your next creation at the market.

Tu-Th 8/27-8/29 – 3rd Annual Free Business Consulting

Various time slots. Free for any current PNA Business Member.

Get a free 45-minute consultation with a

professional consultant, courtesy of the Seattle Office of Economic Development. Spots are limited and can be reserved at phinneycenter.org/business/business-consulting.

Th 8/29 – Author Talk: Nathan Vass (The Lines that Make Us)

12:30-2 pm. GSC. Free.

Join local author Nathan Vass for the first in our upcoming series of book talks. His well-received book, *The Lines that Make Us: Stories from Nathan's Bus* is a collection of stories and photos about his experiences as a bus driver. Copies will be available for purchase and signing. RSVP: 206.297.0875

F 8/30 – Seattle Cucina Demo

4-7 pm. Phinney Farmers Market. Free.

As you stroll through the farmers market, take a pause at Seattle Cucina Cooking School demonstration. Seattle Cucina is a uniquely engaging and educational culinary experience with a variety of passionate teachers. Learn about their classes, camps, and party offerings then shop the marketing and pick up all the ingredients for your newly inspired menu.

CAMP GREENWOOD AT GREENWOOD SENIOR CENTER

For adults for whom summer always equated "camp," or for those who always wanted to go, the GSC is doing our own version for a week of entertaining afternoons. Come for one or every event!

M 8/19 – A Garden in a Pot

1-3 pm. GSC. \$2/PNA Members,
\$3/Public.

Start Camp Greenwood week with a fun afternoon creating a Garden in a Pot. Herb, flower, veggie...your choice. Barbara Kaykas, plant expert and GSC friend, will be here to help you make your new garden a thing of beauty. Register: 206.297.0875.

Tu 8/20 – Refreshing Summer Treats

1-2 pm. GSC. \$5/PNA Members,
\$6/Public.

Learn how to make (and definitely taste) a variety of treats to beat the summer heat. Easy, vegan-friendly and 100% delicious! RSVP: 206.297.0875.

W 8/21 – Campfire Sing-Along

1-2 pm. GSC. Free.

We won't light an actual campfire, but the spirit should still be the same. Anyone can join in; you just have to want to sing! Lyrics will be projected, so you don't even have to remember all the words. Led by Bruce Baker and Gary Paine. RSVP: 206.297.0875.

Th 8/22 – Tie dye

1:30-3:30 pm. GSC. \$3 PNA Members,
\$5 Public.

The Phinney Village is hosting this fun and classic tie-dye event. Tie-dye is a resist dyeing technique that results in fun multi-colored patterns. No one piece comes out looking exactly the same! Dress for potential messiness and bring a white cotton T-shirt (or tote bag, apron, socks, etc). Register: 206.297.0875.

F 8/23 – Talent Show

1-3 pm. GSC. Free.

Do you have a hidden (or not so hidden) talent that you'd like to share with our community? Instruments, singing, poetry, juggling, soliloquies, stand-up comedy or tap dancing? We'd love to see you action at our GSC Talent Show. Friendly audience with no heckling allowed. If you would like to participate, please register by Aug 20: 206.297.0875, arielb@phinneycenter.org.

PNA Newsletter

Volume 40, Issue 8, August 2019

LOCATIONS & REGISTRATION

For more info or to register for events and classes, please visit phinneycenter.org/calendar or contact:

Phinney Center (PC)
6532 Phinney Ave N, Seattle, WA 98103
206.783.2244 . pna@phinneycenter.org

Greenwood Senior Center (GSC)
525 N 85th St, Seattle, WA 98103
206.297.0875 . gsc@phinneycenter.org

PHINNEY CENTER GALLERY

Member, Volunteer & Staff Art Show

View the creative and beautiful art by the PNA community (available for purchase!), through August 16.

Call For Art! We're accepting submissions for our next show "The Healing Power of Art" through Aug 11. Learn more and apply at phinneycenter.org/arts/.

BUSINESS MEMBER DIRECTORY

Support businesses that support our community! Next time you need a plumber, a pale ale, or a pet sitter, check out the online PNA Business Member Directory at phinneycenter.org/directory.

VOLUNTEER OPPORTUNITIES

Member vendor. Sell PNA swag & share the benefits of membership! 8/2, 3:15-7:45 pm at the Phinney Farmers Market. phinneycenter.org/volunteer/events/#membership.

Help kiddos make and race zucchini cars. 8/2, 3:30-6:30 pm at the Farmers Market. phinneycenter.org/volunteer/events/.

Farmers Market Happy Hour, 8/9, shifts from 2-8 pm. phinneycenter.org/volunteer/events/#happyhour.

TOOL & SEED LIBRARY HOURS

Wed: 3-6:30 pm; Fri: 5-7 pm; Sat: 9 am-2 pm.
Info & tool inventory: phinneycenter.org/tools.
Location: PC Brick Building, the Dayton Ave. entrance (6615 Dayton Ave N).

SAVE A TREE
SWITCH TO EMAIL!
Call 206.783.2244
or email
pna@phinneycenter.org
to change
your newsletter
preferences

ADDRESS SERVICE REQUESTED

Non-profit Org.
U.S. Postage
PAID
Seattle WA
Permit #12699

MONTHLY GROUPS & EVENTS

- W 8/7-Fixers Collective**
6-8 pm. 1st Wednesdays. Greenwood Hardware. Free. BYO broken thing. phinneycenter.org/tools/fixers.
- F 8/12-PhinneyWood ArtUp Art Walk**
6-9 pm. 2nd Fridays. Phinney-Greenwood Aves. Free.
- Su 8/10-Seattle Song Circle**
7-10 pm. 2nd Sundays. GSC. Free. seafolklore.org/wp/about-sfs/seattle-song-circle.
- F 8/23-Sprouts & Seniors Playgroup**
10-11 am. GSC. Free. All birth to preschool kids, caregivers, and older adults welcome!

For community meetings, visit phinneycenter.org/groups

WEEKLY GROUPS & EVENTS

- MONDAYS: Spanish Conversation I & II:**
NO CLASS IN AUGUST
- TUESDAYS: Voluntary Simplicity Group**
HomeStreet Bank, 7307 Greenwood. Free. phinneycenter.org/calendar/voluntary-simplicity/.
- WEDNESDAYS: Understanding Happiness**
HomeStreet Bank, 7307 Greenwood. 10-11:30 am. Free. phinneycenter.org/understanding-happiness/.
- THURSDAYS: Phinney Friends Crochet & Knit Group**
10-11:30 am. PC Blue Building, Rm 6. Free.
- FRIDAYS: Phinney Farmers Market**
3:30-7:30 pm. PC Upper Lot.
- Bridge Group**
7-10 pm. PC Blue Building, Rm 2. Free.
- Emerald City Contra Dances**
7:30-10 pm. PC Brick Building. seattledance.org/contra/emeraldcity

BOOK GROUPS

- See phinneycenter.org/bookclub for lists for following months. All are welcome!
- Tu 8/6 - GSC Book Discussion Group**
My Family & Other Animals by Gerald Durrell
12:30-2:30 pm. GSC. Free
 - Tu 8/13 - 2nd Tuesday Book Club**
Our Towns: A 100,000 mile Journey Into the Heart of America by James & Deborah Fallows
7-8 pm. PC Blue Building. Free.
 - No 2nd Wednesday Book Club in Aug.**

SAVE THE DATES

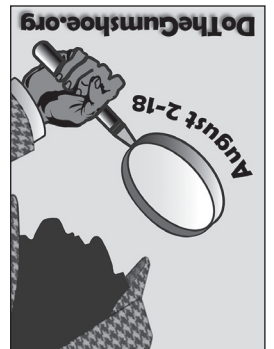
- W 9/4 **Tea, Treats & PNA Orientation at the Greenwood Senior Center**
- Sa 9/7 **Book Exchange**
- F 9/13 **Phinney Center Gallery Opening**
- Fr 9/13 **Blood Drive**
- Th 9/19 **College Application/Admissions Seminar**
- W 9/25 **Pig Out to Root Out Hunger**
- Sa 9/28 **Ballard Preschool Co-op's Gently Used Kids' Gear Sale**
- F 9/27 **Bingo Blitz & Carry-oke**
- Th 10/3 **Power of Community Breakfast**

Help us find our next executive director

As you likely know by now, our fabulous director, Lee Harper, has decided to seek new adventures after nearly 10 years at PNA. Help us fill her big shoes! Learn more at phinneycenter.org/director-search.

Winter Festival applications due Aug15

Calling all makers and artists! Apply to be a vendor at the PNA Winter Festival & Crafts Fair (Dec. 7 & 8): a favorite event for shoppers and vendors alike. Online application at phinneycenter.org/winterfestival.



Phinney Neighborhood Association
5532 Phinney Ave N
Seattle WA 98103
phinneycenter.org
Community Begins Here
PNA

Classes

FOR DETAILS & REGISTRATION

- Visit phinneycenter.org/classes
- Pick up *The Review* at the Phinney Center or Greenwood Senior Center

F 8/2 - Collage for Wellbeing: Sanctuary

9am-12pm. GSC. Free.

Tap into your intuitive side, then create a mixed-media collage that reveals your inner wisdom. You will have the opportunity to journal about and share your creation with others. No artistic experience needed! RSVP: 206.297.0875.

F 8/9 - Infant/Child/Adult CPR

7-8:30 pm. PC Blue Building, Room 6.
\$15 PNA Member/\$20 Public.

This class focuses on injury prevention and safety and is meant for new parents or as a brush up on the basics. Certificates issued at end of class. phinneycenter.org/calendar/infantchild-cpr-8-19/

Sa 8/10 - CPR/First Aid/HIV Certification

9am-12:30 pm. PC Blue Building, Room 6. \$35 PNA Member/\$45 Public.

Meets L/I WISHA-WAC safety standards. Certificates issued at end of class. phinneycenter.org/calendar/cpr-8-19/

UPCOMING CLASSES:

- F 9/20 **Infant/Child/Adult CPR**
- Sa 9/21 **CPR/First Aid/HIV Certification**
- Sa 9/21 **Babysitter Training**
- Th 9/26 **Designing Backyard Cottages**
- Tu 9/24 **Earthquake Home Retrofitting**